

# Best Practices in Treating Youth with Substance Use Problems

## A Workshop for Champions that Serve Youth

Thursday, March 29, 2012 - 9:00 AM to 4:30 PM  
Hellenic Banquet Centre, 1315 Prince of Wales Drive, Ottawa

Developed by the Youth Addiction Treatment Community of Practice of Addictions Ontario, with support from the Ministry of Health and Long Term Care and Addictions Ontario, this 1 day training will introduce participants to the workbook "*Best Practices in Treating Youth with Substance Use Problems*".

Agencies, schools and others, who work with youth with substance use and related mental health problems will learn about strength based and system approaches. Guided by the Best Practices Workbook and focusing on local strengths, participants will have an opportunity to engage in reflective dialogue with a view to increasing collaboration and refining services. These efforts are consistent with LHIN integration priorities and the Working Together philosophy supported by MCYS and CAMH.

Youth have different developmental needs than adults. Successful youth treatment for substance abuse and related mental health problems needs to consider youth clients' complex needs and developmental abilities as primary clinical issues. The workbook guidelines help organizations to assess whether their policies, procedures, programs, services and training contribute to best practice when working with youth with substance use problems. Learn how to respond by recognizing, motivating, referring and assisting youth in LHIN and MCYS funded youth addiction treatment.



### TO REGISTER:

Fill out the attached form and send it to the attention of Cathy Aldrich by March 22, 2012.

Phone: 613-724-4881

Fax: 613-724-4873

Email: caldrich@rideauwood.org

### Participants will:

- Learn about the take away Workbook and how to implement its practice recommendations.
- Engage in reflection and dialogue with youth service champions, like yourself, to improve our systems.
- Begin to identify gaps in our systems and opportunities to address them with our strengths.

### Registration Information:

**Cost is \$40 per registrant.** The Best Practices Workbook is free to all registrants. Maximum registration is set at 125 registrants. Excellent continental breakfast and lunch provided. Free parking at Hellenic Banquet Centre.

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## Registration Form

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Cost of the Workshop is \$40.00. Payment can be made by the following methods. Cheques should be written out to Rideauwood Addiction and Family Services. Cost includes the Best Practices Workbook, breakfast and lunch.

Cash  Cheque  Credit Card: MasterCard  Visa

Name on Card: \_\_\_\_\_ Signature: \_\_\_\_\_

Credit Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

### ***Please note the following:***

- Cancellation Policy:** Written cancellations prior to March 22, 2012 would be appreciated. No refunds will be given.
- Travel and Accommodations:** All attendees are responsible for making their own travel and hotel reservations.
- Parking:** There is ample free parking available at the Hellenic Banquet Centre.

### **TO REGISTER:**

Fill out this form and send it to the attention of Cathy Aldrich, as follows, on or before

**March 22, 2012:**

Phone: 613-724-4881

Fax: 613-724-4873

Email: caldrich@rideauwood.org

**Hotel:** A block of rooms has been reserved at The Best Western Victoria Park Suites, located at 377 O'Connor Street in downtown Ottawa. The room rate, for a standard suite room, is \$129.00 (plus tax and parking) per night. Please call **1-800-465-7275** or **613-567-7275** to reserve your room prior to **February 28, 2012**, and ask for the **Addictions Ontario/Best Practices Workshop** rate. For more information on the hotel, please visit their website at [www.victoriapark.com](http://www.victoriapark.com).

